

School Counselors

- Mr. Tom Overberger (A-G)
- Mr. Dan Barber (H-O)
- Mr. Tyrone Neal (P-Z)
- Mrs. Anne Grant All students with an IEP

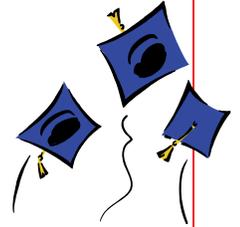


Souderton Area High School



SENIORS

CONGRATULATIONS ON YOUR HIGH SCHOOL GRADUATION!



The high school counselors would like to wish each and every senior the best as they begin the next chapter of your life, whether through college, work, or military. Success is measured in many different forms. Be true to yourself and those around you. Remember, luck is not what will make you successful, but success comes from the choices you make, the risks you take, the people that you meet, friendships you build, the knowledge and skills that you have learned, and the knowledge and skills that you continue to learn.

ENJOY!

***Final transcripts will be sent to colleges by the end of June for students that requested through their senior survey in May. ***

Transitioning to life after HS

◇ **STAY BUSY AND GET INVOLVED.**

WORK: Life can quickly become monotonous with a job. Explore a new hobby or participate in groups of current hobbies. This will help you to meet new people that have similar interests.

COLLEGE: If you are going to college, you will have so many opportunities to get involved. Join a club, go to events such as sports, concerts, or speakers. The more you feel like you belong and are having fun, the more you will want to return to college for the next year. Happiness will create confidence and confidence will lead to higher grades.

◇ **ATTENDANCE! ATTENDANCE! ATTENDANCE!**

WORK: Now that you are working, you can't just take off whenever you would like. You will have limited sick or vacation time, so use your time wisely. Employers want consistent and reliable workers. No better way to impress your boss than show up every day and on time. Smiling helps too :)

COLLEGE: Go to class! It can be very tempting and downright easy to miss a class without mom or dad standing next to you to help get you out the door. Many colleges have policy where if you miss a certain number of classes you automatically receive a lower grade and/or fail the course. The more classes you attend, the better you will do.

◇ **LEARN and STUDY**

WORK: Just because you are not in school does not mean you stop learning. The best way to advance in a career is the training, knowledge and job experiences you have. So learn as much as you can!

COLLEGE: You will have plenty of time to hang out and have fun, but remember what you are there for. If your grades suffer and you do not return, you will miss far more times than you will for studying.

◇ **DEVELOP RELATIONSHIPS**

WORK: Have a positive relationship with your boss and co-workers. Networking and developing positive relationships can lead to a better work environment and more career opportunities.

COLLEGE: Meet with and get to know your professors. Visit them for questions or help during office hours.

◇ **TAKE POSITIVE RISKS**

WORK AND COLLEGE: Step out of your comfort zone. It is normal to feel uncomfortable in new situations. So try new things, feel uncomfortable and learn from all your experiences!

◇ **BE HEALTHY**—Eat right, exercise, sleep.

WORK: A healthy life balance will make you a more productive worker.

COLLEGE: Students can either not sleep enough or sleep their college experience away. It is tempting to take naps every chance you get, but don't miss out by sleeping too much. It is also tempting to stay up all day and night because there is so much to do. Finding a healthy balance with sleep will make you more productive student.

◇ **LEARN FROM YOUR MISTAKES AND FAILURES**

WORK AND COLLEGE: Yes, they will happen and there may be many. But learn from them and find the positive to make personal and career improvements.

◇ **HAVE FUN!!!** Regardless of your post HS choice, embrace your path and enjoy!